Meeting 10: Assessment and Looking Forward

1.   Thank everyone for participating.

2.   At this meeting, ask your Action Step leaders to review your progress with each the Steps that you have adopted in Meetings 1-9, and **discuss what to do to make sure that your achievements continue:**

a)   Energy Efficiency

b)   Solid Waste & Recycling

c)   Education

d)   Drug Disposal & Chemicals

e)   Healthy Foods in the Office

3.   If you have not done so already, email your Green Team Notes forms to My Green Doctor (http://www.mygreendoctor.org/contact/) and notify us that you have qualified for your Green Doctor Office Certificate.   The Certificate is valid for three years and free to offices with a colleague who is a member of one of My Green Doctor's partner organizations (http://www.mygreendoctor.org/welcome-to-my-green-doctor/our-partner-organizations/). The cost of your certificate is $250 (U.S.) for non-members, so this could be a smart time to join one of our partners! Print two copies of your Certificate and buy simple frames to display this proudly in your waiting room and lunch room.

4.   Announce the date for the next meeting. **From here, meetings should be once a month**.

1.5.   After the meeting, complete the Green Team Notes form. Keep it very brief– not more than 5 minutes for the Notes: https://www.mygreendoctor.org/resources/green-team-notes-form/

Meeting-By-Meeting Monthly: The Road Ahead is Green

Once you have completed your first 10 Green Team meetings, "green" has become part of your office's culture. Congratulations! Look back at "Ten Reasons to Go Green", and see if these have been true for you: https://www.mygreendoctor.org/welcome-to-my-green-doctor/ten-reasons-to-go-green/ . **Meeting-By-Meeting Monthly** will guide your Green Team for the next three years. (Print pages)

At Each Monthly Green Team Meeting:

1.   Thank everyone for participating.

2.   At each meeting, ask your Action Step leaders to review your progress with the Steps that you have adopted that still need attention.

3.   At each meeting,try to adopt ONE new Action Step from the My Green Doctor Workbooks. Remember to include an Education component, such as an announcement for your office colleagues, a newsletter

item, a waiting room brochure, a "Tip of the Week" for patients, etc. Here are a few ideas for Action Steps:

1. Energy Efficiency: "Complete an Office Energy Audit", "Engage Your Office Neighbors", or "Install Motion Detectors"
2. Renewable Energy: "Buy Renewable Energy", and create a one-page handout telling your patients how they can also.
3. Water Efficiency: "Inspect Your Irrigation System" or "Turn of Your Hot Water Heater"
4. Water Efficiency: "Inspect Your Irrigation System" or "Turn of Your Hot Water Heater"
5. Drug Disposal & Chemicals: "Adopt a Green Chemicals Policy, deploy insect "bait stations" instead of chemical sprays
6. Transportation & Commuting: "Encourage bicycle use", "Calculate the office transportation carbon footprint', "Educate each other on low-emission vehicles".
7. Healthy Foods for the Office: "Go Meatless", "Join a Food Box", https://www.mygreendoctor.org/why-not-join-a-local-food-box-or-csa/ .

1. If you have not done so already, plan to email your Green Team Notes forms to My Green Doctor (http://www.mygreendoctor.org/contact/) and notify us that you have qualified for your Green Doctor Office Certificate. The Certificate is valid for three years and free to offices with a colleague who is a member of one of My Green Doctor's partner organizations (http://www.mygreendoctor.org/welcome-to-my-green-doctor/our-partner-organizations/). The cost is $250 (U.S.) for non-members. Print two copies of your Certificate and buy simple frames to display proudly in your waiting room and lunch room.
2. Announce the date for the next meeting. Future meetings should be once a month.
3. After the meeting, complete and email to My Green Doctor Green the Team Notes form. Keep it brief– not more than 5 minutes for the Notes: https://www.mygreendoctor.org/resources/green-team-notes-form/