



Background

- The majority of the electricity consumed by Americans is in homes and offices
- 13 percent of energy used in homes is from appliances
- Most electricity is made by burning fossil fuels which release air pollution
- 14 percent of energy in the average home is used for water heating
- The average household spends approximately \$2,200 each year on energy bills



What You Can Do

Laundry

Wash FULL loads of laundry in cold water. Cold water detergents are available in grocery stores. Try to buy green brands.

Refrigerator

Set the temperature in the fresh food section to 37-40 degrees, and 5 degrees in the freezer.

Clean It Out

An uncrowded refrigerator works more efficiently than a crowded one. Freezers work best when they are two thirds full.

Dishwasher

Wait to run the dishwasher until you have a full load, and use a short cycle. Air drying dishes is best.

Oven

You don't have to preheat for roasts or casseroles. Microwaves are great for cooking small amounts of food.

New Appliances

When buying new appliances, look for the ENERGY STAR label!

Benefits

It saves you money!

Using less energy means receiving lower bills. Your gas and electricity bills will go down with less usage.

It saves the environment!

The energy that runs our homes comes from power plants. Power plants burn fossil fuels that hurt the environment.

It reduces your carbon footprint!

Help preserve our planet. Your children and grandchildren will need it!





Learn More

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